



CITY OF GALT
PARKS AND RECREATION DEPARTMENT
2018 INSTRUCTIONAL GIRLS 7/8 RULES AND REGULATIONS

This program's criterion is constructed with all positive factors for the mutual benefit of the parent and young person. The primary goal is and will continue to be building self-esteem and helping the player with positive, interactive skills within his or her peer group. Secondly, this program is the continuation in the teaching of baseball disciplines and in particular, offensive and defensive skill development.

A. PLAYING FIELD:

1. Hitting Arch 20ft. from home plate.
2. Bases at 55ft.
3. Pitching Rubber at 30ft.
4. Catcher Gear
5. 2 Bats
6. Balls

B. GENERAL RULES:

1. One (1) hour time limit
2. All players present will play both offense and defense (7 infielders max).
3. The player who occupies the defensive position of the pitcher must stay within the circle until the ball is hit.
4. Coach will use the pitching machine to throw to batters all season.
7. The Department requires that each Coach gives the opportunity to all players to play each position throughout the course of the season.
8. Rainouts will not be made up, unless the team has missed 4 games due to rain.

C. BATTING:

1. Teams will bat until three (3) outs have been reached or once all players have batted.
2. Batter will not be allowed to bunt.
3. The offensive coach will use the pitching machine up to five (5) pitches to the batter. If the batter is unable to hit the ball within the 5 pitches they will be considered an out and return to the dugout.
4. A hit ball that travels less than twenty (20) feet in fair territory from home plate is considered a foul ball.
5. If a ball is foul tipped on the final pitch the batter will receive another until they hit or miss the ball.

D. BASE RUNNERS:

1. Base runners must stay in contact with the base until the ball is hit. Players may take up to two (2) bases if the ball is hit far enough and advances without overthrows. When the ball is put into play and all runners have advanced without being put out. The defensive coach will call "time".
2. When an attempt to throw the ball back to the pitcher the play will be considered "dead" when the ball leaves the players hand and if runners are more than half way to the next base at the time the ball is thrown to the pitcher-player, they will advance to that base.
3. When all defensive players are in proper position, the defensive coach will call "play ball" and the next batter takes a turn at bat.
4. There will be no stealing of bases.
5. No infield fly rule will be in effect.

E. COACHING:

1. Four (4) **APPROVED** coaches are suggested for the offensive team, however, additional **APPROVED** coaches are allowed. Coaches should be positioned as follows: one each in the first and third base coaches' box, one pitching and one assisting the batter/bench.
2. Two (2) Defensive coaches are allowed on the playing field (outfield or foul lines).
3. Coaches on Offense and Defense **MUST** not interfere with play.

PARKS & RECREATION CONTACT INFORMATION

Parks & Rec. Office (scheduling of practices)

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