



CITY OF GALT PARKS & RECREATION DEPARTMENT
2018 6 yrs. GIRLS INSTRUCTIONAL
RULES AND REGULATIONS

This program's criterion is constructed with all positive factors for the mutual benefit of the parent and young person. The primary goal is and will continue to be building self-esteem and helping the player with positive, interactive skills within his or her peer group. Secondly, this program is the continuation in the teaching of baseball disciplines and in particular, offensive and defensive skill development.

A. PLAYING FIELD & EQUIPMENT:

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| 1. Hitting Arch 20ft. from home plate. | 5. 1 Tee |
| 2. Bases at 50ft. | 6. Balls |
| 3. Pitching Rubber at 35ft. | 7. 2 Bats |
| 4. Catcher Gear | |

B. GENERAL RULES:

1. One (1) hour time limit or MAXIMUM of three (3) innings.
2. All players present will play both offense (all batters once per inning) and defense (7 infielders max).
3. The player who occupies the defensive position of the pitcher must stay in contact with the pitching rubber until the ball is hit.
4. A half inning will be concluded after ALL players on the offensive team have batted.
5. Coach will pitch all season. It is recommended that the coach pitch underhand; but the coach may use his or her discretion in how to pitch to the hitter and how far to be away from the plate when delivering the pitch.
6. One (1) base on overthrows.
7. The Department requires that each Coach give the opportunity to all players to play each position throughout the course of the season (for safety reasons the catcher position is an exception).
8. Rainouts will not be made up, unless the team has missed 4 games due to rain.

C. BATTING:

1. Teams will bat the whole line up.
2. Batter will not be allowed to bunt.
3. The offensive coach will pitch up to four (4) pitches to the batter. If the batter is unable to hit the ball within the 4 pitches a hitting T will be used. If available it is suggested that an APPROVED coach assist the catcher behind the plate to speed up the game.
4. A hit ball that travels less than twenty (20) feet in fair territory from home plate is considered a foul ball.

D. BASE RUNNERS:

1. Base runners must stay in contact with the base until the ball is hit. When the ball is put into play and all runners have advanced as far as possible (which is two bases) without being put out. The defensive coach will call "time".
2. When an attempt to throw the ball back to the pitcher the play will be considered "dead" when the ball leaves the players hand and if runners are more than half way to the next base at the time the ball is thrown to the pitcher-player, they will advance to that base.
3. When all defensive players are in proper position, the defensive coach will call "play ball" and the next batter takes a turn at bat.
4. There will be no stealing of bases.
5. No infield fly rule will be in effect.

E. COACHING:

1. Four (4) **APPROVED** coaches are suggested for the offensive team, however, additional **APPROVED** coaches are allowed. Coaches should be positioned as follows: one each in the first and third base coaches' box, one pitching and one assisting the batter/bench.
2. Two (2) Defensive coaches are allowed on the playing field (outfield or foul lines).
3. Coaches on Offense and Defense **MUST** not interfere with play.

PARKS & RECREATION CONTACT INFORMATION

Parks & Rec. Office (scheduling of practices)

(209) 366-7180

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