


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							
					<b>1</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>2</b>	
<b>3</b>	<b>4</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 2:00p Bingo	<b>5</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing 6:00p City Council	<b>6</b> 11:30a Nutrition	<b>7</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing	<b>8</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>9</b>	
<b>10</b>	<b>11</b> 9:00a Fun Club 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 1:00p Bingo	<b>12</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing	<b>13</b> 11:30a Nutrition	<b>14</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing	<b>15</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>16</b> 9am - 6 pm Egg Art <i>Fairsite Classroom #18</i>	
<b>17</b> 	<b>18</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 1:00p Bingo - Spring Potluck	<b>19</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing 6:00p City Council	<b>20</b> 11:30a Nutrition	<b>21</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing	<b>22</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>23</b>	
<b>24</b>	<b>25</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 1:00p Bingo – Birthday Cake	<b>26</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing	<b>27</b> 11:30a Nutrition	<b>28</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing	<b>29</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>30</b>	
<b>31</b>							

**Parks & Recreation Office**  
**Gora Aquatic Center**  
**Meals on Wheels**

**366-7180**  
**744-9544**  
**916-444-9533**

**S. County Services**  
**Chabolla Kitchen**  
**Line Dancing**

**745-9174**  
**745-7332**  
**916-743-9658**

**Galt Library**  
**Valley Oaks Grange**  
**Sacto County Transit Link**

**745-2066**  
**745-1163**  
**745-3052**

**Parks & Recreation Office**      **366-7180**  
**Aquatic Center/Monica Lopez**      **744-9544**  
**Serve Our Seniors Lunch Program**      **810-6591**

**Galt Community Concilio**      **745-9174**  
**Fitness Information**      **366-7180**  
**Line Dancing**      **745-5644**

**Galt Library**      **745-2066**  
**Valley Oaks Grange**      **745-2218**  
**Sacto County Transit Link**      **745-3052**