



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; margin: 0;">FEBRUARY</h1> 						
					<b>1</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>2</b>
<b>3</b>	<b>4</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 2:00p Bingo	<b>5</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing 6:00p City Council	<b>6</b> 11:30a Nutrition	<b>7</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing	<b>8</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>9</b> 9am - 6 pm Egg Art <i>Fairsite Classroom #18</i>
<b>10</b>	<b>11</b> 9:00a Fun Club 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 1:00p Bingo 1:00p Heart	<b>12</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing	<b>13</b> 11:30a Nutrition	<b>14</b>	<b>15</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>16</b> <b>Valentine's Day</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing
<b>17</b>	<b>18</b> <b>President's Day</b> <b>P&amp;R Office Closed</b> <b>Meals on Wheels Closed</b> No Fitness No Bingo	<b>19</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing 6:00p City Council	<b>20</b> 11:30a Nutrition	<b>21</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing	<b>22</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 12:30p Games	<b>23</b>
<b>24</b>	<b>25</b> 9:30a Fitness is Forever 10:45a Chair Fitness 11:30a Nutrition 1:00p Bingo	<b>26</b> 9:30a T'ai Chi 11:30a Nutrition 12:30p Senior Cards 2-3:30p Line Dancing	<b>27</b> 11:30a Nutrition	<b>28</b> 11:30a Nutrition 12:30p Bingo 3-4:30p Line Dancing		

Parks & Recreation Office  
 Gora Aquatic Center  
 Meals on Wheels

366-7180  
 744-9544  
 916-444-9533

S. County Services  
 Chabolla Kitchen  
 Line Dancing

745-9174  
 745-7332  
 916-743-9658

Galt Library  
 Valley Oaks Grange  
 Sacto County Transit Link

745-2066  
 745-1163  
 745-3052

**Parks & Recreation Office**      **366-7180**  
**Aquatic Center/Monica Lopez**      **744-9544**  
**Serve Our Seniors Lunch Program**      **810-6591**

**Galt Community Concilio**      **745-9174**  
**Fitness Information**      **366-7180**  
**Line Dancing**      **745-5644**

**Galt Library**      **745-2066**  
**Valley Oaks Grange**      **745-2218**  
**Sacto County Transit Link**      **745-3052**